

2010 RWCSL Summer Racewalk Series

Place: Pattonville High School Track

Time: 6:30p.m. for all races

Dates and Distances:

Monday, June 7- 1500m Monday, June 28- 3200 m

Monday, June 14 3000m Monday, July 12- 1600m

Monday, June 21 5K (Ozark Track Championship) Monday, July 19 - 1500m

Note that the June 21 5K is the Ozark Championship Race.

Awards: Weekly ribbons 1-6 place in each youth age division, each masters age division, and open Series awards (must complete 4 of 6 races): top three in each of the age divisions PLUS age graded award trophy to fastest male and female race walker.

Registration: Fill out the entry form below.

Return to: Sue Turner, 338 Melville, St. Louis, MO 63130

Cost: RWCSL members - \$20; others \$30 for series or \$5 per weekly racewalk

Series incentive for everyone registered for series.

Any questions? Please contact Ginger, (314) 838-9486, gmulanax@sbcglobal.net

Award Picnic for series after July 19 race.

RWCSL Summer Racewalk Series

Make checks payable to RWCSL (Racewalker's Club of St. Louis)

Please fill out completely, sign, and return to:

Sue Turner, 338 Melville, St. Louis, MO 63130

Entry form:

Name _____ Age _____ Birth date _____ Phone _____

Address _____ City _____ State _____ Zip _____

Please read and sign the following:

Waiver:

I acknowledge that there are certain risks inherent in athletics competition, and I freely accept those risks. In consideration of being accepted, I, intending to be legally bound, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Racewalker's Club of St. Louis, USA Track and Field, Ozark Association, and their officers, agents, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my association with or entry in, or arising out of my traveling to, participating in and returning from said competition. I further attest that I am physically fit and have trained for competition in the event(s) I have entered.

Signature of athlete date

Signature of parent and/or legal guardian if athlete is under 18