



Erin's W.I.N.G.S. 5K and 1 mile Walk/Run

Erin's W.I.N.G.S. was established in memory of Erin Mace to fund an annual scholarship award and support student participation in leadership conferences for Lindbergh High School students. To learn more or register, volunteer, or donate, log onto www.radfoundation.org or contact Tom or Terri at (636) 349-6626.

The 5th Erin's W.I.N.G.S. run will be held on Saturday, April 24th, 2010. This will be our last family walk/run. We want to thank our many participants and friends that have supported our events for the past 5 years!

When: Saturday, April 24, 2010
Fees: \$15.00 if received before March 24th
1/4 & 1/2 mile Kids Runs begin at 8:30am \$18.00 if received after March 24th
5K Run begins at 9:15 a.m. \$45.00 Family fee before March 24th
1 mile Walk/Run begins at 10:15 a.m. \$50.00 Family fee after March 24th
Family fee only available for the Kids Runs or 1 mile Walk/Run and includes 4 shirts.

Registration & T-shirt pickup:

Lindbergh High School - Friday, April 23, – 6:00 – 8:00pm & Saturday, April 24 – 7:15 – 8:15am

Where: Lindbergh High School, 4900 S. Lindbergh Blvd., St. Louis, MO 63126
Race measured, predominantly within Lindbergh High School property.

Age Categories: Men and Women: 15 and under, 16-19, 20-29, 30-39, 40-49, 50-59, 60 +

Awards: Trophy to the top overall Male and Female. Medals will be awarded to the top finishers in each age division. All entrants of the Kids Runs & 1 mile Walk/Run will receive a participation ribbon.

Mail completed form with check payable to:

Erin's W.I.N.G.S.
P.O. Box 973
Fenton, MO 63026

Name: _____ Age/Grade as of 4/24/10: _____

Address: _____ Phone Number: _____

City: _____ State: _____ Zip Code: _____

- 1 – 5th Grade - - 1/4 or 1/2 mile Run
- 1 mile Walk/Run Participant – For Family registration indicate # of participants _____
- 5K Run Participant

of Shirts _____

Child's T-Shirt Size

Adult T-Shirt Size

8 ___ 10-12 ___ 14-16 ___ Small ___ Medium ___ Large ___ X-Large ___

List names of participant(s): _____

Waiver of liability: In consideration of the acceptance of the entry, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages, demands, actions, and causes of actions against Erin's W.I.N.G.S., its directors, employees, agents and all representatives, successors, assignees and all sponsors for any and all injuries suffered by me in said event.

Participant's Signature: _____ Date: _____
(parent's signature required if under 18 years of age)